

肉バル x めっちゃ



# AbuRu yan



We use veggies and rice from Hokkaido

👍 = RECOMMENDED  
🔥 = SEARED

## SALAD

	税込価格
Caesar salad with bacon and poached egg	600
Chicken breast avocado salad with sesame dressing	650
Parma ham salad with seasonal fruits	700
🔥 Carpaccio Salad	800
👍 Roasted beef onion salad	850

## QUICK ITEM



👍 Ox tongue with spring onion in Japanese vinegar	400
Sous vide chicken breast, onion, salty wasabi	400
Marinated cucumber, Japanese style	300
Camebert cheese on tomato, olive oil dressing	500
👍 Parma ham, mortadella platter	800
Parma ham, cream cheese baguette	700
Rasin butter cracker	500
Creamy carbonara potato salad	550
👍 Cheese platter	500
Mixed nuts	300
Japanese marinated veggies platters	300
Corn Butter	400



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## SEASONED & SEARED

税込価格

A5 Wagyu seared steak tartare

Ox tongue steak tartare

Beef sushi (6 pcs)

Roasted beef with balsamic sauce

Ox tongue steak with black truffle salt

Signature burger steak (S, M, L)

Butter skirt steak on iron cast

Teriyaki Chicken & Leek

Burner onion with cheese

Burner miso eggplant

Hokkaido buttered potato

FROM  
HOKKAIDO



900

750

850

1000

850

700~

800

750

300

300

300



ON  
REQUEST !

## A5 WAGYU

Beef Janga (6 layers)

Beef Janga (12 layers)

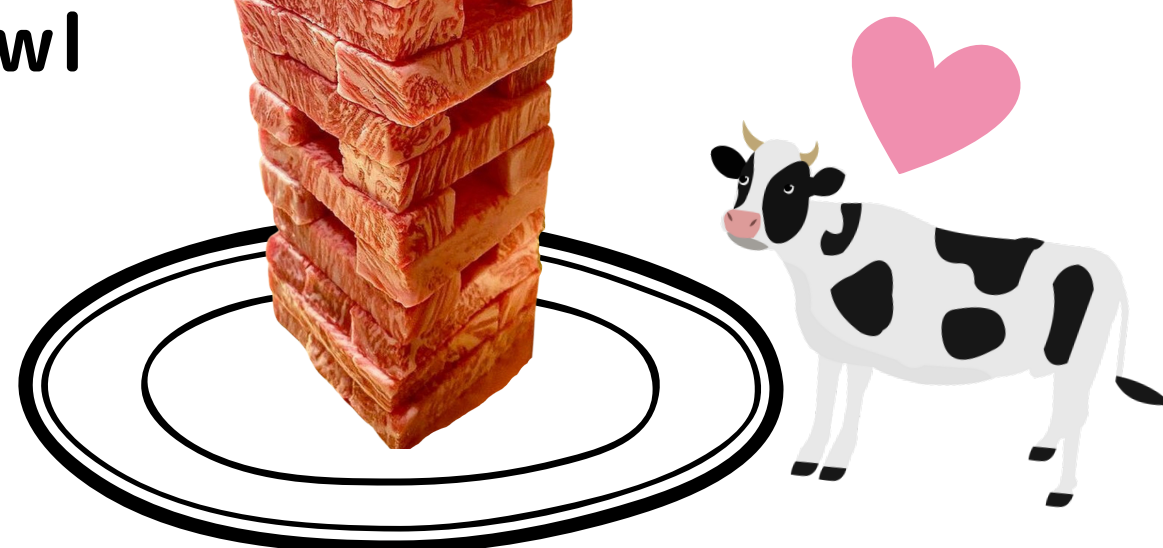
Gigantic signature beef bowl



3500

5980

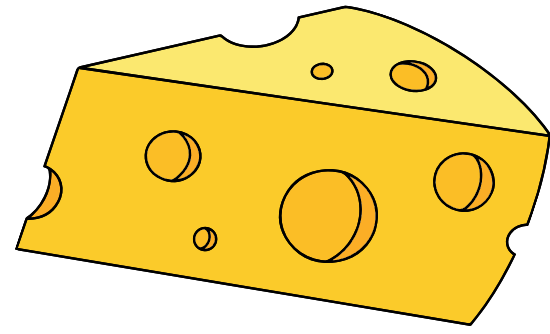
5000



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## DEEP FRIED

	税込価格
👍 Fried chicken (5 pcs)	500
Tempura	150~
(eggplant, sweet potato, avocado, spring onion, camabert cheese, chicken)	
👍 Mille-feuille pork in tomato sauce	700
Fried potato from Hokkaido	400
Super spicy potato fries	400
Deep fried garlic	350



## OTHERS

👍 Japanese rolled egg	650
👍🔥 Camabert cheese and bacon	900
Sausage platter	600
Shrimp and mushroom ajillo	900
Camabert cheese in and tomato ajillo	1000
baguette (4 pcs)	300

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## MAIN

Tax included

- 👍 Wagyu rice bowl with egg Must Try  900
- A5 wagyu bowl with egg 1500
- Seared steak tartare bowl with egg 1350
- 👍 A5 wagyu teriyaki bowl with egg 1100
- 🔥 A5 wagyu beef bowl with egg and marinated vegetable  1350
- Seared A5 wagyu sirloin slice on rice with egg 1000
- Rice in Japanese broth (meat miso, plum) 500
- Hokkaido rice  300
- Poached egg  100

## DESSERT

- Lemon sorbet 250
- Ice cream (vanilla, cameral, seasonal) 300
- 👍 Brownie with ice cream 650
- Waffle with ice cream 600
- Cookie with ice cream 700



公式

Instagram @aburu\_yan