

肉バル x めっちゃ



AbuRu yan



We use veggies and rice from Hokkaido

👍 = RECOMMENDED
🔥 = SEARED

SALAD

	税込価格
Caesar salad with bacon and poached egg	600
Chicken breast avocado salad with sesame dressing	650
Parma ham salad with seasonal fruits	700
🔥 Carpaccio Salad	800
👍 Roasted beef onion salad	850

QUICK ITEM



👍 Ox tongue with spring onion in Japanese vinegar	400
Sous vide chicken breast, onion, salty wasabi	400
Marinated cucumber, Japanese style	300
Camebert cheese on tomato, olive oil dressing	500
👍 Parma ham, mortadella platter	800
Parma ham, cream cheese baguette	700
Rasin butter cracker	500
Creamy carbonara potato salad	550
👍 Cheese platter	500
Mixed nuts	300
Japanese marinated veggies platters	300



肉バル x めっちゃ



AbuRu yan

We use veggies and rice from Hokkaido



👍 = RECOMMENDED
🔥 = SEARED

SEARED MAIN

税込価格

👍 🔥 A5 Wagyu seared steak tartare

Ox tongue steak tartare

Beef sushi (5 pcs)

👍 Roasted beef with balsamic sauce

Ox tongue steak with black truffle salt

Ox tongue burger steak

👍 🔥 Ox tongue burger with cheese, demi glaze

🔥 Buttered skirt steak on iron cast

🔥 Teriyaki Chicken

🔥 Burner onion with cheese

🔥 Burner miso eggplant

👍 🔥 Hokkaido buttered potato

FROM
HOKKAIDO



800

650

500

1000

700

900

1000

800

700

300

300

200



ON
REQUEST !

A5 WAGYU

Beef Janga (6 layers)

👍 Beef Janga (12 layers)

Gigantic signature beef bowl

Beef love call bowl

3300

5500

4500

4000

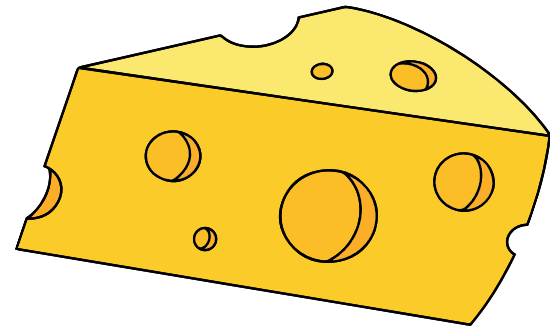


肉バル x めっちゃ



AbuRu yan

We use veggies and rice from Hokkaido



👍 = RECOMMENDED
🔥 = SEARED

DEEP FRIED

	税込価格
👍 Fried chicken (5 pcs)	650
Chicken tempura (5 pcs)	650
Avocado tempura	500
👍 Camabert cheese tempura	500
Mille-feuille pork in tomato sauce	850
Fried potato from Hokkaido	400
Super spicy potato fries	400
Deep fried garlic	350



OTHERS

👍 Japanese rolled egg	650
👍🔥 Camabert cheese and bacon	900
Sausage platter	600
Shrimp and mushroom ajillo	900
baguette (4 pcs)	300

肉バル x めっちゃ

AbuRu yan



We use veggies and rice from Hokkaido

👍 = RECOMMENDED
🔥 = SEARED

MAIN

			Tax included
👍	Wagyu rice bowl with egg	Must Try	900
	Seared steak tartare bowl with egg		1200
	A5 wagyu teriyaki bowl with egg		1000
👍	A5 wagyu beef bowl with egg and		1100
🔥	marinated vegetable		
	Seared A5 wagyu sirloin slice		1000
	on rice with egg		
	Rice in Japanese broth (meat miso, plum)		500
	Hokkaido rice		300
	Poached egg		100

DESSERT

	Lemon sorbet		250
	Ice cream (vanilla, cameral, seasonal)		300
	Brownie with ice cream		650
👍	Waffle with ice cream		600
	Cookie with ice cream		700



公式 Instagram @aburu_yan